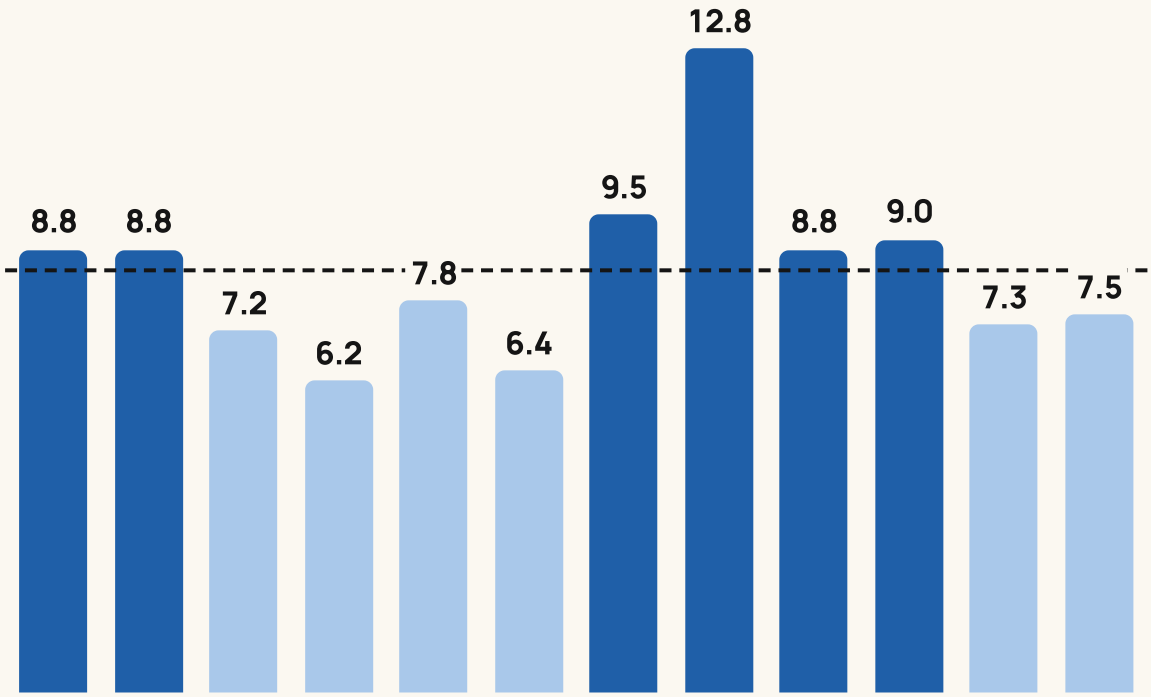
Traveloffsy

WHEN TO GO · JAPAN, BY PREFECTURE

Nagano

Month by month: 2025 crowds, 1991–2020 weather, 2027 public holidays.

Busiest: August (12.8% of 2025 guest nights) · **Quietest:** April (6.2%)
6 of 12 months were quieter than average.



	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Share of 2025 nights, %												
Average high, °C	3.8°	5.3°	10.3°	17.4°	23.2°	26.1°	29.7°	31.1°	26.2°	19.7°	13.4°	6.9°
Rainy days	9.8	8.9	9.5	8.3	8.3	10.0	12.2	9.8	9.2	7.9	6.8	8.9
Flights and stays	Not covered: our price-by-month pages cover Europe only.											
Public holidays 2027	2	2	2	1	3	0	1	1	2	1	2	0

Bars: share of Nagano's 2025 guest nights. Light bar: quieter than average, fewer nights than an average month (dashed line, 8.3%).

Weather: 1991–2020 averages at Nagano, not a forecast. A rainy day has at least 1 mm of precipitation.

Holidays: national public holidays only; regional and local ones are not included.

Source: 出典：「宿泊旅行統計調査」（観光庁）(Japan Tourism Agency, Overnight Travel Statistics Survey, 2025); 出典：気象庁ホームページ（長野 平年値）(Japan Meteorological Agency, 1991–2020 normals, Nagano station); 出典：「国民の祝日について」（内閣府）(Cabinet Office). Licensed under PDL1.0. 「宿泊旅行統計調査」（観光庁）、気象庁「平年値」、「国民の祝日について」（内閣府）を加工して作成 – edited by Traveloffsy (shares, selection, counts). Checked 17–22 Sep 2026. Figures change: check the latest at **traveloffsy.com/off-season-japan-nagano**. General information, not advice.